

# **PROCLAMATION**

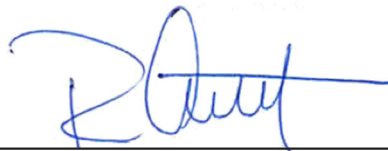
## **Community Resilience Month**

### **May 2022**

- WHEREAS* The Town of Comox acknowledges the impacts of toxic stress on the physical and mental health of their citizens, and as such, trauma informed practices and community building initiatives are seen to improve the community's capacity to mitigate these impacts and enhance Community Resilience;
- WHEREAS* Community Resilience is the sustained ability of a community to draw upon the existing resources to adaptively respond, withstand, and recover from adverse and challenging experiences;
- WHEREAS* Community Resilience focuses on the enhancement of day-to-day health and wellbeing of its citizens to reduce the harmful impact of adversity and disasters;
- WHEREAS* Community Resilience requires interventions that promote strong community systems aimed to improve the health and well-being of its citizens; and
- WHEREAS* Community Resilience builds social connectedness and accessibility of resources through initiatives that promote inclusion, collaborative efforts, and empowerment of all citizens;

### **NOW THEREFORE,**

**I, Mayor Arnott, do hereby declare  
the month of May 2022 as Community Resilience Month  
in the Town of Comox.**



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**Mayor Russ Arnott**