There’s no better way to enjoy Comox than on foot!

Stick your car keys in your pocket, take a deep breath and let your senses enjoy all that Comox has to offer; the scent of a cedar forest, the sounds of the ocean, the views of the mountains and the taste of fresh local seafood. Take a walk and discover the secrets to why locals love to live in Comox.

Follow The Artist’s Eye

**Level: Moderate • Time: 2 hours plus**

Begin your artistic adventure at the Anglican Church (corner of Church St. and Comox Ave.). Heading left towards the downtown core be sure to stop at The Cottage, Island Treasures and Blue Heron Books to browse their unique selections of locally made arts and crafts including art, pottery and a great collection of books including an extensive selection of Vancouver Island subject matter. Just up the street is the Pearl Ellis Gallery featuring many original Vancouver Island and local works of art. Take some time to visit the Comox Museum and learn about the history of the Town. Continuing on, grab a gelato at Benino’s Gelato or a birdsseed cookie from Rocky Mountain Cafe. Continue down Comox Ave. to Filberg Heritage Lodge and Park. Meander through the gardens in this nine-acre heritage park. Visit the Filberg Lodge, Gift Shop, seaside Teahouse and of course, the beach. Walk back to ‘downtown’ Comox for dinner on the ocean view deck at Martine’s Bistro on Beaufort Ave. and enjoy the sculptures and the featured artists’ works.

Visiting The Dock

**Level: Easy • Time: 45 minutes**

Start this walk at Island Treasures on Comox Ave. and take the pedestrian walkway around the corner of the shop that leads down to Comox Town Hall or stroll down Church St. to the Komox Grind and grab a fresh made smoothie or decadent coffee. Turn onto Wilcox and walk (past Comox Town Hall) to the Marina Park parking lot. Keep going and look right for the start of the Marina Park Walkway (close to the Harbour Quay condos). Take the walkway loop around the condos. If the gate is open to Comox Municipal Marina, take time to stroll the marina slips and have a look at the sailboats and luxury yachts moored here. Continue along Marina Walkway and over to the Comox Harbour Promenade and take in the incredible views. Back track to Comox Fisherman’s Wharf and check out the fleet of commercial fishing boats, a great place to buy fresh caught seafood! Head back into town up Port Augusta Ave. and stop in for something delicious at the Twisted Dishes Cafe or the Blackfin Pub on the ocean for some of the best halibut and chips you’ve ever had. Enjoy the stunning view from the oceanfront deck.

The Shopper’s Stroll

Start at the West end of Comox Ave. at Ellis St. and explore a great mix of locally-owned shops including Simon’s Cycles for bikes, apparel and accessories. The Cottage is a jewel of a shop with an eclectic assortment of women’s clothing, home decor and art. Island Treasures is home to local Island Artisans, Cowichan hats, jams and jellies. Blue Heron Books for local books, pottery, nautical charts, journals and art cards. Duduza is Comox’s home and bedding shop Nearly New Books is a must-browse used bookstore carrying recent best sellers at great prices. Planet Kids has a wonderful assortment of children’s clothing and toys. Coast Board Shop is a west coast surfer style unisex shop with clothes, jewelry and surf apparel. The Village Yarn Shoppe is a knitter’s paradise. Fuel Stop. The best sushi (#1 on TripAdvisor for Comox) from Sam at Sushi Kobo or Toscanos for fresh Italian fare. Head to the Comox Mall and don’t miss Carousel Fashions (lower level), cool new and vintage women’s clothing and accessories. Don’t forget Fido! Stop in at Woofy’s for pet treats and accessories. The Inkwell is a great shop for picking up Comox souvenirs and gifts. Arizona Gift Gallery serves up funky jewelry and BC crafts. Roxanne’s is famous on the Island for ladies wear, and accessories.

*For those who are not shoppers, head directly to the Comox Golf Course where tee time reservations are not always needed.

DOWNTOWN COMOX

is a wonderful destination with a wide range of services, unique shops, and enticing restaurants, cafes and pubs for all to enjoy. There is also a stunning golf course, beautiful parks and gardens and spectacular beaches all within walking distance.

Comox Community Events

Filberg Festival
BC Day August Long Weekend
This event features more than 120 of the best artisans from across Canada. Roots music includes a lineup of stellar Canadian performers. Plenty of great food is available in this forested seaside setting.

Comox Nautical Days
BC Day August Long Weekend
Bring the entire family to this FREE, family friendly, fun-filled festival in Marina Park. Festivities include more than 100 craft booths, nautical competitions in the marina, food booths, clowns, live music and an evening fireworks extravaganza.

For more info about Comox go to www.comoxbythesea.com

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The Galloping Gourmet

**Breakfast** The Tee Box at the Comox Golf Course opens at 8am for homestyle bacon and eggs. If you are a fan of Eggs Benny, Smitty’s Family Restaurant is the place for you. Lunch Church Street Bakery (on Church St.) features wood fired oven baked artisan bread for sandwiches and pizza. Gluten free too. Try their famous Cumberland donuts! The Twisted Dishes Café on Port Augusta St. is known for amazing gluten free muffins, and hearty soups. Toscanos Trattoria on Port Augusta St. is your stop for authentic rustic Italian. Sushi Kobo on Comox Ave. rolls up the best sushi in Comox. Make sure to try the Takoyalls, fresh rolls and sashimi platters. Choose take-out and picnic in Marina Park Rocky Mountain Cafe serves up home made soups served in a bread bowl! And of course those decadent cinnamon buns. The Blackfin Pub on Port Augusta St. offers a West Coast Classic lunch setting out on the deck overlooking Comox Bay. Their Blackened Salmon Salad is highly recommended. The Tee Box at the Golf Club on Balmoral St. will leave you satisfied with their fresh Snapper Fish & Chips, Balmoral Burger or Crab Cake Lollipops.

Smitty’s on Comox Ave. features gourmet burgers with a special blend of local Gunter’s beef. Open for lunch or dinner, Spice Hut Indian Cuisine’s coconut naan and fish curry always hit the mark. Coffee The Komox Grind on Beaufort Ave. brews up seriously good coffee and tea and is a great spot to sit and relax inside or outside. Indian Cafe Amantes on Comox Ave. is an ideal setting for certified organic fair trade specialty lattés and you must order the fresh made Panini. Benino’s Gelato on Comox Ave. is up delicious Gelato, made fresh with Island Farms milk and local BC fruit. Sample of the Panna Cotta and the Gelato. Toscanos Trattoria Local Italian flare... Caesar salad and clam linguini are the perfect combination! The Blackfin Pub on the ocean - Casual West Coast dining serving local Island beers. Smitty’s is a good choice for old-fashioned milk shakes and soft serve cones from Coconut gelato. Dairy free, sugar free options available.

Farms milk and local BC fruit. Sample of the Panna Cotta and the Benino’s Gelato serves up delicious Gelato, made fresh with Island Farms milk and local BC fruit. Coffee The Komox Grind on Beaufort Ave. brews up seriously good coffee and tea and is a great spot to sit and relax inside or outside. Indian Cafe Amantes on Comox Ave. is an ideal setting for certified organic fair trade specialty lattés and you must order the fresh made Panini. Benino’s Gelato on Comox Ave. is up delicious Gelato, made fresh with Island Farms milk and local BC fruit. Sample of the Panna Cotta and the Gelato. Toscanos Trattoria Local Italian flare... Caesar salad and clam linguini are the perfect combination! The Blackfin Pub on the ocean - Casual West Coast dining serving local Island beers. Smitty’s is a good choice for old-fashioned milk shakes and soft serve cones from Coconut gelato. Dairy free, sugar free options available.

The Tree Hugger’s Trek

**Level:** More strenuous • **Time:** 90 minutes

If you are starting this walk after 10:30 am, fuel up at Church St. Bakery with a famous Cumberland donut. Head East on Comox Ave. and turn left on Donovan Drive, following it to Balmoral Ave. Turn right on Balmoral and continue through the 4-way stop, it turns into Hawkins Road. Stay on the path on the right hand side of Hawkins for the majority of the walk to Goose Spit Park where the path crosses over to the other side of the road. Little Alpaca Farm is on your right as you approach the Spit. Stroll the beach and enjoy magnificent views of Sandy Island, Hornby and Denman Islands and Vancouver Island’s Beaufort Mountain Range. Options: Walk around the Spit another 3.5 km seaside walk that’s well worth it. Take the Stairway to Heaven 168 steps... straight up! Enjoy the view, catch your breath and then walk left on Yates Road to Hawkins Drive. From here you can head back to Comox. If you are up for more vertical follow the narrow blackberry trail straight up to Nirvana for the most incredible ocean views! You’ll come out at Moore Road, home to an Arthur Erickson designed home on the right (private). Head down Moore Road and left onto Walter Gage Road. Take the walking path, it will take you out onto Hawkins road. As you make your way back on Balmoral Ave. (pass the tennis courts), stop in for a bite at the Comox Golf Club’s Tee Box for crab cakes or a Balmoral Burger.

The Galloping Gourmet

**Level:** Easy • **Time:** OK, it’s not really a walk, but take as much time as you need!

- Follow The Artist’s Eye
- Visiting The Dock
- The Galloping Gourmet (Dining Area)
- The Goose Grind
- The Tree Hugger’s Trek
- The Shopper’s Stroll

The Goose Grind

**Level:** More strenuous • **Time:** 90 minutes

You are now back in Mack Laing Park. Stay left thru the park and follow the trail back to the park opening. Continue along Comox Ave. and turn left on Stewart Ave. Stroll Beaufort Ave. for great views of the Marina. Pass Comox Town Hall, walk up Ellis and finish your walk on Comox Ave. See over for more Walking Tours.